CST Phase-Based Model

**Acute Response** ➔ **Reorganization & Reintegration**

- **Information and Connection to Resources**
  - Title IX Reporting
  - Police Reporting
  - Medical Treatment
  - Forensic Examination
  - Academic and
  - Residential Accommodation

- **Brief Emotional Support**
  - Safety
  - Stabilization
  - Coping Skills
  - DBT Skills
  - Motivational
  - Interviewing
  - Care Coordination
  - and Referral

- **Psychotherapy**
  - Cognitive Processing
  - Therapy
  - Prolonged Exposure
  - Seeking Safety
  - CBT for Depression/Anxiety
  - Group Therapy